

Busy Bees

This Mommy-n-Me class is for ages 12 mos. through 24 mos. It is designed to teach basic gymnastics while enhancing eye-hand coordination, growth and motor skill development, spacial awareness, and upper and lower body strength. All under the watchful eye of Mom and/or Dad. Class times are:

Saturday
9:00 - 9:55

Tiny Tots (2 - 3 years)

The Tiny Tot program is where the child functions independent of the parent. It is designed to guide you child through his other early years. This program helps develop fundamental gross motor skills, eye-hand coordination, balance awareness and overall physical development.

Class times are:

| Monday | Tuesday | Wednesday | Thursday | Saturday |
|--------|--------------|-------------|---------------|---------------|
| | 11:00 -11:45 | 4:00 - 4:45 | 11:00 - 11:45 | 9:00 - 9:45 |
| | 4:00 - 4:45 | 5:00 - 5:45 | 4:00 - 4:45 | 10:00 - 10:45 |
| | | 6:00 - 6:45 | 5:00 - 5:45 | 11:00 - 11:45 |
| | | 7:00 - 7:45 | | |

Kindergym (4 - 5 years)

The Kindergym Gymnastics program continues to add to the skills learned in earlier programs. Here your child learns fundamental movement patters and basic strength and balance gymnastic skills. This program is taught in a progressive manner designed to encourage continued growth and added control over body movement. Class times are:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--|-------------|-------------|-------------|
| 4:00 - 4:55 | 4:00 - 4:55 | 3:00 - 3:55 | 4:00 - 4:55 | 4:00 - 4:55 |
| 5:00 - 5:55 | 5:00 - 5:55 | 4:00 - 4:55 | 5:00 - 5:55 | |
| 6:00 - 6:55 | | 5:00 - 5:55 | | |
| 7:00 - 7:55 | | 6:00 - 6:55 | | |
| | | 7:00 - 7:55 | | |
| | Saturday - 9:00 to 9:55, 10:00 to 10:55, 11:00 to 11:55 | | | |

Tuition Schedule

Annual Registration Fee \$40/child (Family rate \$35/child)

Recreational Gymnastics:
Per 4-week session (Monthly)

1x weekly \$ 72 Monthly
2x weekly \$125 Monthly
3x weekly \$165 Monthly
4x weekly \$185 Monthly

Private Lessons:

½ Hour \$30
1 Hour \$45

10% Sibling Discount on 2nd Child

All classes subject to minimum/maximum student counts

Pre-Team Gymnastics:

2x weekly \$185 Monthly / 3x weekly \$225 Monthly

Gymnastics (Ages 6 - Adult)

The Beginner gymnastics program is designed to meet the needs of the recreational gymnast, as well as the serious beginner intent on rapid acceleration to the competitive team level. Classes are one hour long and are separated by age and ability level. It is highly recommended that the serious beginner take advantage of at least two-hour sessions each week to achieve maximum benefit from their training. Class times are:

Girls Beginner 6 - 8 years old

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|-------------|-------------|-------------|-------------|
| 4:00 - 4:55 | 4:00 - 4:55 | 3:00 - 3:55 | 4:00 - 4:55 | 4:00 - 4:55 |
| 5:00 - 5:55 | 5:00 - 5:55 | 4:00 - 4:55 | 5:00 - 5:55 | 5:00 - 5:55 |
| 6:00 - 6:55 | 6:00 - 6:55 | 5:00 - 5:55 | 6:00 - 6:55 | |
| 7:00 - 7:55 | | 6:00 - 6:55 | 7:00 - 7:55 | |

Saturday - 9:00 - 9:55, 10:00 & 11:00 - 11:55

Girls Beginner 9 - 12 years old

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|-------------|-------------|-------------|-------------|
| 5:00 - 5:55 | 4:00 - 4:55 | 4:00 - 4:55 | 4:00 - 4:55 | 4:00 - 4:55 |
| 6:00 - 6:55 | 6:00 - 6:55 | 5:00 - 5:55 | 5:00 - 5:55 | 5:00 - 5:55 |
| 7:00 - 7:55 | 7:00 - 7:55 | 6:00 - 6:55 | 6:00 - 6:55 | |
| | | 7:00 - 7:55 | | |

Saturday - 10:00 - 10:55 & 11:00 - 11:55

Hot Shots

Tuesday
4:00 - 5:55

Girls Intermediate

| Tuesday | Thursday | Saturday |
|-------------|-------------|---------------|
| 5:00 - 6:30 | 5:00 - 6:30 | 10:00 - 11:55 |

Boys 6 - 12 years old

| Monday | Wednesday | Saturday |
|-------------|----------------------------|---------------|
| 6:00 - 6:55 | 4:00 - 4:55 6:00 - 6:55 | 11:00 - 11:55 |

Teenage 12 - 16 years old

| Monday | Tuesday | Thursday | Thursday |
|-------------|-------------|-------------|-------------|
| 7:00 - 7:55 | 7:00 - 7:55 | 7:00 - 7:55 | 8:00 - 8:55 |

Adult 17 years and older

| Monday | Thursday |
|-------------|---------------------------|
| 7:00 - 7:55 | 7:00 - 7:55 & 8:00 - 8:55 |

Open Gym - Every Friday Night

6:00 to 8:00pm - \$15

6:00 to 9:00pm - \$20

Includes pizza & soda